

HAPTIC GAMMA EMBODIMENT

SPACE, PRESENCE AND SELF-REGULATION



Space is always experienced subjectively. It depends on our emotional state and the way we perceive reality through our senses. Our presence, self-regulation and co-regulation depend on our spatial perception. The concept of space in the somatic approach does not correspond to area or topography. Space is the potential for action. It is created from the inside out and from the outside in. It depends greatly on our emotional defense system. It is the basis for our orientation.

The first years of life, when we develop motor autonomy, are fundamental in the formatting of our personal space. It is through movement that we experience the world.

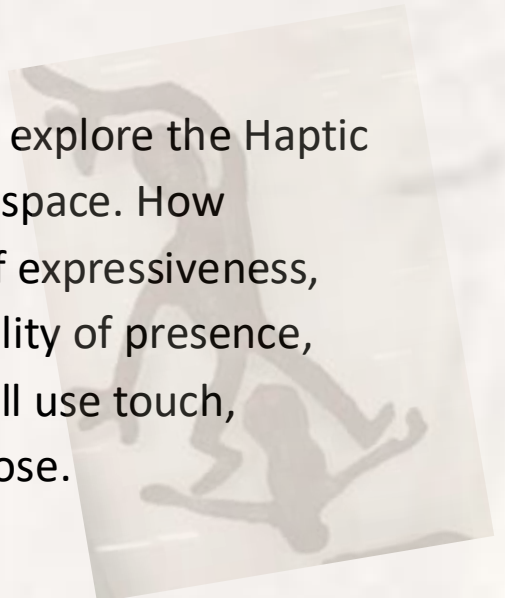
Through movement we perceive ourselves and the environment in which we are. In the first months of life, the baby moves to feel and perceive. It is a preparation for later moving and moving around, moving and doing.

Haptic is defined as quality when kinesthesia and sensoriality are used together in a touch, creating a palpatory sense. It is a touch to perceive. In a clinical perspective, not only the sense of touch, but all the senses are integrated with kinesthesia. Which extends the concept of haptic system. Every movement of the body can protect me from a sensation or can help me to perceive and to feel a sensation. Thereby establishing a dynamic relationship that we call haptic.

Hapticity is the way we modulate our sensory experience of the world, both moving towards and moving away from.

We can't separate perception from motricity. All the difficulty in the work with perception comes from not addressing hapticity. It is a clinical concept that allows us to name what we need to work with.

In this series of three workshops we will explore the Haptic system, its relationship with gravity and space. How inhibitions resulting from suppression of expressiveness, trauma and accidents can affect the quality of presence, self-regulation and co-regulation. We will use touch, movement and perception for this purpose.





Marcelo Muniz

Has been an advanced Rolfer™ and movement teacher for 35 years. He was a Rolfin® Instructor and Rolf Movement™ Teacher. He is also a Cranio-Sacral therapist and a Somatic Experience practitioner. He has studied with Hubert Godard in various trainings of movement education and perception. These studies have been a remarkable influence in his working style as a somatic practitioner and educator.

In his latest and more innovating research, Hubert Godard brought to the field of Somatic Education the integration of the Haptic System and Tonic Function, which together are one of the basis of Haptic Gamma Embodiment.

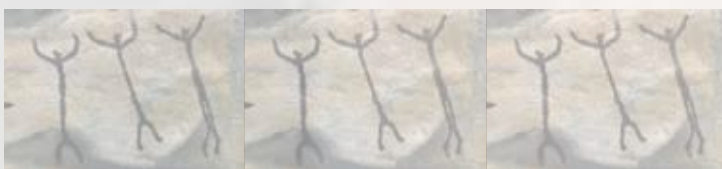
Marcelo Muniz is the co-creator of the first phase of Soma Embodiment Method, a somatic approach to emotional trauma resolution. He taught the Soma Method from 2011 to 2019 in Brazil, Switzerland, Austria, Germany, France, Portugal, Denmark, Poland and South Africa.

Since 2019 he has been teaching Haptic Gamma Embodiment in France, Switzerland and Germany. The quality of his presence and his emotional skills give the opportunity for a profound but also smooth learning.

As a Rolfin® and Movement teacher and S.E. practitioner, he brings to the context of healing trauma, fundamental elements in our organization regarding the gravitational field and space, which stabilizes and reinforces the adequate answer from the Autonomous Nervous System.

Marcelo's passion lies in the opening of the possibility for new emotional responses in the present time, responses that allow a personal empowerment for the future.

These answers are possible through a better embodiment quality and a change in the perception of yourself and the others.



MODULE 1

- Stages of sensorimotor development
- and their relationship with space and gravity
- Haptic system
- Emotional defense system
- The four foundational articulations
- The body as territory

MODULE 2

- Gravity and natural engagement
- Support and stability
- Breathing and social engagement
- Self-regulation and co-regulation
- Tonic dialogue

MODULE 3

- Phoric function
- The dynamics of limits
- Positive aggressiveness
- The body as an agent
- The potential for action



Module 1

2027 February 25 - 28th

Module

2027 June 3 - 6th

Module 3

2027 September 2 - 5th

The course will be taught in English, without translation into German.

The schedule of working hours will be:

Thursday to Saturday

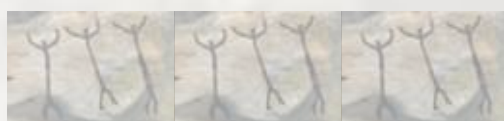
9:30 to 13:00 - Lunchbreak - 14:30 to 17:30

Sunday

9:00 to 12:00 - Lunchbreak - 13:00 to 16:00

The price of each Module is CHF 800.-

For each module Rolfers will receive 3 elective credits from ERA



Training Location:

Gemeindestrasse 19
8032 Zürich

Contact for Information & Registration

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